

Bullying Prevention, Intervention & Response

Professional Development: Positive School Climate and Positive Behavior Intervention Support

According to the research, effective bullying prevention programs:

- **Require training and buy-in from the entire school community**, including teachers, education service professionals (ESPs), parents and community partners, and students.
- **School-wide enthusiasm and support** for school-based prevention efforts have been linked to program success.
- **Consistent, school-wide efforts, along with the creation of prosocial environments, tend** to be more effective than programs focused on the classroom level only or focused only on perpetrators and victims of bullying.



Research consistently suggests following bullying prevention best practices:

- **Establish a clear anti-bullying policy**
- **Assess bullying at the school** to learn bullying frequency, types, locations, typical responses, perceptions of safety, and feelings about the school climate
 - **Train staff** to recognize signs of perpetrator and victim behaviors, intervene and respond correctly and immediately
 - **Increase adult awareness, supervision, and intervention** in hot spots
 - **Explicitly teach social and emotional competencies** so that students have the tools to respond appropriately if they find themselves in perpetrator, recipient or bystander roles.
 - **Promote a positive school climate** of cooperation, caring, and respect.

Our Bullying Professional Development Workshops are aligned with Common Core State Standards, are research based and present the latest best practices in bullying prevention strategies.

I: Understanding Bullying Behavior, the Bullying Circle, and its Social-Emotional Effects

PURPOSE

This training will provide an overview of bullying definitions and bullying behaviors, including cyberbullying. The training will examine the roles individuals play in bullying situations and provide insight into the possible academic and health effects on all who participate in or observe bullying situations. Participants will be introduced to bullying prevention best practices. A simple bullying assessment survey will be provided.

OBJECTIVES

Upon completion of this training participants will be able to:

- Identify bullying behaviors and the roles individuals play in bullying scenarios.
- Understand how bullying behavior impacts the school & community environment.
- Recognize possible academic, emotional and health effects for students involved in bullying.
- Identify some elements of effective bullying prevention and student support.

COURSE LENGTH 2.5 hours; an overview of 60-90 minutes is also available.

TARGET AUDIENCE: This training is designed to be conducted with school administrators, certified and non-certified educators, Education Support Professionals and volunteers who work with students within the school environment. The workshop works best with 12–30 participants but can be conducted with larger groups as well. This training is not appropriate for students.

II. Classroom Bullying and Effective Bullying Prevention, Intervention and Response

PURPOSE

This training is designed to equip classroom teachers and education professionals with tools to reduce the instances of bullying in the classroom/school, identify bullying and cyberbullying behaviors, provide an in-depth examination of bullying prevention and intervention best practices and specific guidelines for responding to and reporting bullying when it occurs.

OBJECTIVES

Upon completion of this training participants will be able to:

- Understand their school district's Anti-bullying policy and guidelines for response, including dealing with family members, when bullying is suspected or occurs.
- Identify what bullying behavior is and is not, and what it may look like in the classroom.
- Implement effective strategies for preventing bullying, including establishing student-generated ground rules for appropriate behavior, that when honored over time will become group norms.
- Identify and commit to use one new strategy that reduces bullying in their daily work with students.

COURSE LENGTH: 4.0 hours; an overview of 60-90 minutes is also available.

TARGET AUDIENCE This training may be conducted with school administrators, certified and non-certified educators, Para professionals and classroom volunteers who work with students within the classroom environment. The workshop works best with 12–30 participants but can be conducted with larger groups as well. This training is not appropriate for students.

PRE-REQUISITES: None.

Professional Development workshops may be combined into half-day or full-day trainings. Please contact Malinda.mims@tactimpact.com to discuss how we can customize training to meet your unique PSC needs.*

III. Strategies for Principals: Improving the School Climate by Boosting Bullying Prevention Training School-Wide

PURPOSE

There's an onslaught of bullying in schools across the nation, followed by the required Bullying Incident Reports to the State and lengthy investigations. Effective bullying prevention programs require training and buy-in from the entire school community. Research shows that acts of school-based bullying typically occur outside of the classroom in areas that are monitored by non-teaching Educational Support Professionals (ESPs) or volunteers.

The focus of this learning will be on equipping school leadership with tools to provide ESPs, community partners, parent volunteers and other key-stakeholders with the training to appropriately and effectively identify, prevent and intervene in acts of bullying, thereby improving the overall school climate and student safety and academic growth. The training will also provide practical tools and strategies to assess

bullying at your school and engage students, parents and community partners in your bullying prevention efforts.

OBJECTIVES

Upon completion of this learning, school Principals and Leaders will be able to:

- Understand how effective school-wide bullying prevention training results in improved school climate and student academic growth.
- Recognize the elements of effective bullying prevention and intervention training.
- Understand the perspectives of a variety of ESPs, and training needed for their roles.
- Identify tools and strategies to implement a successful school-wide training, including engaging parents and community partners to support your bullying prevention efforts.

COURSE LENGTH: 4 hours; 60-90 minute specific-team training modules are available (ie: Bullying Intervention in the Cafeteria; Bullying Intervention for Paraeducators).

TARGET AUDIENCE: This training is designed for school principals, assistant principals, team leaders, trainers and supervising personnel. This training is not appropriate for students.

IV. Stop Bullying Where it Occurs: Bullying Prevention and Response Training for Educational Support Professionals, Parent & Community Volunteers

PURPOSE

Research shows that acts of school-based bullying and harassment often occur outside of the classroom in areas, like the cafeteria, bus or playground, that are monitored by non-teaching Educational Support Professionals (ESPs) or volunteers. The focus of this learning will be on equipping ESPs, parent volunteers and other key-staff and stakeholders with the training to appropriately and effectively prevent, identify and intervene in acts of bullying.

OBJECTIVES

Upon completion of this training participants will be able to:

- Understand their school's Anti-bullying policy and guidelines for intervention and response.
- Identify what bullying behavior is and is not.
- Model and assist students with effective conflict resolution and bullying prevention strategies.

- Identify and commit to use one new strategy in their daily work with students.

COURSE LENGTH: 2 hours; an overview of 60-90 minutes is also available

TARGET AUDIENCE: This training may be conducted with Educational Support Professionals, paraprofessionals, classroom teachers, school administrators, parent and community partners who work with students within and around the school environment. This training is not appropriate for students.

Contact Malinda.mims@tactimpact.com today to learn how TACT Bullying Prevention programs can help cultivate safe and supportive classrooms and school climates where **all students** feel supported and can achieve their full potential.